



## Ginger Honey Drink

### 蜜糖姜冻饮

#### Ingredients:

80 gm Ginger, peeled & pounded coarsely  
3 cm Cinnamon stick, broken into small pieces  
8 cup Water

#### **Honey to taste**

Ice cubes

#### Methods:

1. Prepare a pot and place in ginger, cinnamon stick and water.
2. Bring to boil.
3. Strain the ginger drink and set aside to cool thoroughly.
4. Stir in **honey** according to taste.
5. Serve cold with ice cubes,

The refreshing, delicious and nutritious Ginger Honey Drink ~

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