



Lemon Honey Ginger Tea

柠檬蜜糖姜茶

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Ingredients:

80 gm	Fresh ginger root
8 cup	Water
½ no.	Lemon

Honey to taste

Methods:

1. Wash and slice the ginger root into 1cm thick. Then put them into a mug.
2. Squeeze some lemon juice into a mug. Adjust to taste.
3. Add in a spoonful of **honey** or according to taste in the mug.
4. Pour in hot water and stir until the honey melted.

Desire a heart-warming healthy drink... you will be pleased with this easy-to-make tea!!!

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