Soy Products's Culinary Creations



Fish Ball Vegetable Soup 榨菜鱼丸汤

Serving: 2

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Ingredients:

14 nos	300 gm	FISH Balls
500 ml	500 gm	Water
1 tsp	5 gm	Soy sauce
½ tbsp	8 gm	Seafood Stock
	150 gm	Chinese mustard greens, rinsed
		thoroughly & cut into smaller pieces
	20 gm	Anchovies

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A pinch of Chinese salted vegetable (Tung Chye) Salt & Pepper to taste

Methods:

- 1. Prepare a pot with water. Add in anchovies and bring to boil.
- 2. After boiled, strain and remove anchovies,
- 3. Add fish balls and allow it to cook until fish ball float to surface.
- 4. Add in vegetables and follow by salt, **Seafood Stock**, soy sauce, white pepper powder and stir well.
- 5. When the fish balls are cooked, dish up and serve with some Chinese salted vegetables.

Adjust according to your preference: You may add in a teaspoon of shallot oil for better taste.

Recommended stock: Seafood Stock / Seafood Stock – PREMIUM QUALITY

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